



PSI ALPHA HIGH SCHOOL
NATIONAL HONOR SOCIETY
IN PSYCHOLOGY

OFFICIAL PSI ALPHA NEWSLETTER

Official publication of Psi Alpha High School National Honor Society in Psychology



A Year of Psi Alpha

Kristen Mitzel, Director of Operations

While everyone is getting back into the swing of a new semester, I want to personally thank all of you for your dedication and positive representation of Psi Alpha over the last year. COVID-19 has certainly impacted every one of us, but we continue to persevere and serve, and for that, I am so proud.

This is the official publication of the Psi Alpha National High School Honor Society in Psychology. Please look for these issues quarterly moving forward, as we would love for you to know all of the wonderful things our chapters are doing around the country!

In addition, we have several initiatives in the works that should be rolling out this year. I cannot wait to share with you what the national office has been working on to make Psi Alpha an even stronger organization.

If your chapter is participating in any activities, service projects, or inductions, please feel free to send photos and written information about what you are doing! We would love to feature chapters from all over the country as we work to promote psychology as a science in high schools.

Thank you, and welcome!

Please send submissions to psialphanational@gmail.com

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A message from our Executive Director:

Psi Alpha Members and Advisors,

I hope this finds everyone in positive health and a positive attitude with a new year before us. It has been a difficult couple of years for our communities, Nation, and world. I like to think that perseverance and resilience will bring us to the other side of the pandemic stronger and more appreciative than ever before. Psi Alpha has survived the difficult times as well. We continue to build upon our strong foundation and are excited for the future. None of this would be possible without our National staff, National Council, and our local advisors and members. All are to be commended. One of the reasons we are so excited for the future is the enthusiasm of our local chapters.

Advisors and members throughout the country have found creative ways to engage in psychology-based activities, serve their institutions, and reach out to their communities. We are proud of all of you.

We are also looking forward to continuing growth at the National, Regional, and local levels. We have several exciting new initiatives we hope to roll out this year. Look for website improvements, additional opportunities to engage members, as well as connections for members with students from other psychology honor societies. I do not want to give a lot of details for fear of stealing thunder from our Director of Operations, Ms. Mitzel, or our National Council. These are the folks who are working tirelessly on these new initiatives.

Again, welcome to a new year of Psi Alpha. Please stay safe and continue to learn and grow in your understanding of the science of psychology. Never hesitate to let us know your questions.

Peace,

Bryan S. Gerber, Psy.D./Ph.D.

Psi Alpha Executive Director



Psi Alpha's mission is to enhance America's high school students' understanding and knowledge of the science of psychology, how psychology benefits society, and career opportunities available in psychology.



In partnership with:



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

Psi Alpha is proud to announce another year of FREE APA Membership

FREE Membership for Psi Alpha Members!

Psi Alpha and the American Psychological Association has partnered to provide free APA memberships to high school members of Psi Alpha for all of 2022!



Advisors have the Code!

Please ask your advisors to check their advisor email for information about how to gain access to this wonderful feature!

■ Student members will receive benefits like 60% off journals, 25% off books and materials, access to PSYCnet Gold Database, digital subscriptions to Monitor on Psychology and American Psychologist PLUS access 10 full-text articles from APA journals, Earn 5 FREE credits (1 CE credit per program) online and receive printable certificates, and career resources!

■ Any students who have registered online with Psi Alpha, and have paid their membership fee is eligible to receive membership. Memberships extend through the end of 2022. Please email psialphanational@gmail.com for questions.

Look at these Chapters!



The Stanton College Prep Psi Alpha chapter volunteered at The Walk to End Alzheimer's on Dec 4, 2021, in Jacksonville, FL. The students arrived at 6:30am to help set up banners, set up signs in the walk route, made hot chocolate, passed out flowers and cheered the walkers, and then cleaned up and took down the tents and chairs after the event. It was a busy and fun morning!



Students at Kettering Fairmont High School did a community event where they helped K-5 students talk about Social emotional learning teaching them yoga, meditation and stress toys.

Service Projects with Psi Alpha

Chapters around the nation have begun integrating service projects into their curriculum now that COVID-19 restrictions are changing. Students have engaged with their communities in a variety of ways, and we thank the advisors for facilitating these events!

Completing service projects is one way that a chapter can earn **Distinguished** status on a yearly basis. Visit <https://psialpha.org/awards/current-deadlines/> and watch for the 2022 deadlines!

Our national office members Rachel Peterson (rpeterso@aisd.net) and Mary Krieger (kriegerm@duvalschools.org) are the head of the Service Project committee. Contact them to get involved in Psi Alpha's service projects!

Pumpkins Everywhere!

In October, several Psi Alpha members of Stanton College Preparatory School in Jacksonville, FL were able to host a pumpkin decorating event with some of the Mary Eaves Appt residents. Residents could choose from several decorating themes (spider, cat, monster, vampire, free style, or glam). Psi Alpha officers purchased supplies and made model pumpkins in advance during an officer meeting. The students thoroughly enjoyed making connections with the community, and there were smiles on everyone's faces (except a few spooky pumpkins!).



We want your thoughts!

Do you have an organization in mind that could use Psi Alpha's support? Let us know! Are you performing service projects with your chapter? Be sure to take photos, and show off your service skills!

Send any submissions to psialphanational@gmail.com to be considered for our next newsletter, to be published in April!



You are now a member of Psi Alpha and it is time to show it off! Award Concepts houses our official Psi Alpha Store, the only place where you can grab your OFFICIAL graduation regalia, chapter supplies, clothing and MORE!

Visit:

<https://acgreek.com/greek/home.php>

for all the goodies. We add more products all the time so keep your eyes open!

Award
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