



## September 2023, Vol. 6

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psychology. High school students might not always have access to college and university faculty, or other psychology research professionals, so Psi Alpha has gathered a group of professionals to share tips on how to gain access to these individuals. Please keep an eye out for our upcoming video series for more information about this initiative!

Psi Alpha is also calling all student members to apply for our National Student Council! This is a unique opportunity to work with the National Psi Alpha office and propose new ideas and initiatives for the organization at the national level! Students will enjoy hearing from guest speakers, project planning and management, and networking with psychology professionals! Please see the application instructions later in this newsletter and a call for applications will be sent to chapter advisors for distribution.

We are as busy as ever over at the national office! Please feel free to reach out at any time to [directorofoperations@psialpha.org](mailto:directorofoperations@psialpha.org) to get in contact with me for anything you might need.

Kristen Mitzel

Director of Operations

## Welcome back to school, Psi Alpha!

*Kristen Mitzel, Director of Operations*

We are back for yet another dynamic school year with several updates to share! In this issue, you will find our scholarship winners from 2023, upcoming research projects and new initiatives, The Psi Alpha team has been hard at work this summer preparing some exciting new things for students and advisors alike.

Kathryn Garrett, who you will meet later in the newsletter is working hard on our social media pages to bring awareness to many issues surrounding psychology and mental health. Give our pages a like and a follow to stay up to date on what we are discussing!

Additionally, Psi Alpha has partnered with Fordham University and the American Psychological Foundation, utilizing a grant to create a resource tool kit for high school students to find research mentors in the field of





## A message from our Executive Director:

Hello Psi Alpha,

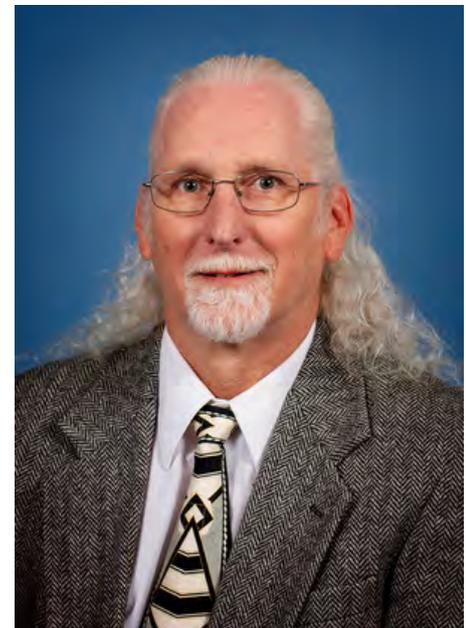
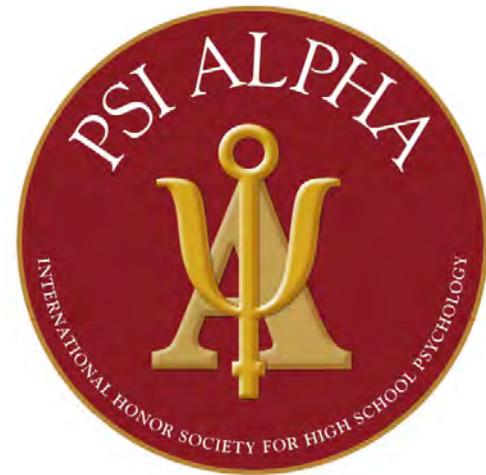
It has been a little while since I wrote a piece for the Newsletter. I hope you have enjoyed every issue. Ms. Mitzel and Ms. Garrett work very hard to produce a quality product. I am very proud to say that Psi Alpha is doing very well and is growing by leaps and bounds. This growth allows us to provide more opportunities for our Chapters and student members. That is exactly what we want to do. Always feel free to contact me directly with ideas you would like to see Psi Alpha implement.

On the subject of enhanced opportunities, you will soon be notified regarding many. Please keep an eye on our social media, website, and the Newsletter. Rolling out additional opportunities requires more time and effort for our National Office Team.

We have put more professionals in place to accommodate the extra work. They are still very busy but very committed to you and the Psi Alpha mission. I think you will be excited about the new programs and opportunities coming soon. You may have noticed a slight change in our branding. Psi Alpha received an independent 501(c)(3) and has become The International Honor Society for High School Psychology. The International piece is huge as we are now in five countries (including the U.S.). Having our own independent organization has allowed us to spread our wings and bring creativity and efficiency to Psi Alpha. Please know we are here for you and are extremely proud of your accomplishments. Be sure to stay involved and in touch so you can benefit from all the great things Psi Alpha has to offer.

Sincerely,

Dr. Bryan S. Gerber, Executive Director  
Psi Alpha, Inc.  
eaexecutivedirector@psialpha.org



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**Psi Alpha's mission is to enhance America's high school students' understanding and knowledge of the science of psychology, how psychology benefits society, and career opportunities available in psychology.**

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# Psi Alpha welcomes Kathryn Garrett to the team

## Kathryn Garrett has joined the Psi Alpha team!

Kat recently graduated from Stark State with an associates degree in psychology and is currently pursuing her undergraduate degree in psychology at Franklin University. She first discovered her passion for psychology while taking a high school psychology course and is excited to have the opportunity to work with Psi Alpha. In her free time, Kat enjoys spending time in nature hiking and reading books. She loves animals and has two dogs that enjoy hiking with her and a cat that loves curling up on the couch for a lazy afternoon at home.

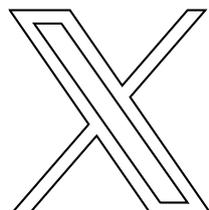


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## We want your thoughts!

Do you have an organization in mind that could use Psi Alpha's support? Let us know! Are you performing service projects with your chapter? Be sure to take photos, and show off your service skills!

Send any submissions to [media@psialpha.org](mailto:media@psialpha.org) to be considered for our next newsletter, to be published in December 2023!



# Advisor's Corner

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Do you have advice or ideas to share with other advisors? Welcome to the advisor corner! Please consider joining our facebook group for advisors, and sending your thoughts and ideas to [media@psialpha.org](mailto:media@psialpha.org)!



If you haven't already, head on over to Facebook and become a member of our advisor corner! This is a space for advisors only to talk about their chapter happenings, ask questions, share ideas, and more! All of the national council are members, and you can get connected with all of them! You will be approved by an admin once you request to join! This page is for current and former advisors, as well as those interested in chartering their own chapter!

Please visit <https://www.facebook.com/PsiAlphaNational>

And don't forget to like and follow our main page for all the Psi Alpha updates you need!

## 2023-2024 Advisor Survey

We need YOUR opinion!

Psi Alpha recently emailed out a google form survey to all advisors. Please go to

<https://forms.gle/WN5kyaEpDy7bWQH58>

and share your thoughts and ideas with us!

# Psi Alpha Scholarships

**Please congratulate our 2023  
Scholarship winners!**

Outstanding Student Award-

**Nyla Searl**

Outstanding Advisor Award-

**Rachael Peterson**

Outstanding Service Award-

**Stanton College Preparatory School**



## **2023 Chapter Excellence Awards:**

James Martin High School

Memorial Senior High School

School of Science and Technology

Stanton College Preparatory School



## **Yearly Scholarship Submissions:**

Psi Alpha scholarship applications are accepted yearly near the end of the school year and are awarded over the summer.

Applications are reviewed by our national advisory council, comprised of psychology professionals. Students are encouraged to apply for more than one award yearly.

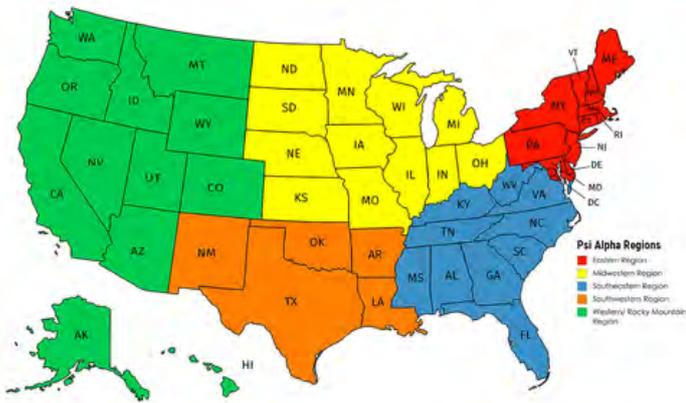
# Psi Alpha Student Council

## Students:

Do you want to get even MORE involved with Psi Alpha? Consider applying for a position on our new Student National Council!

Psi Alpha is looking for a total of 7 student representatives: one student from each region, one international representative, and one student council president to participate in the first version of the Psi Alpha Student Council.

## Psi Alpha Region Map



Students on the student council should be prepared to attend 4 meetings during the 2023-2024 school year to hear guest speakers, plan initiatives, and collaborate with other student members.

Meetings will take place on Saturdays throughout the school year and last approximately 90 minutes. Students will receive an agenda prior to each meeting to be able to prepare accordingly.

## Application Instructions:

To apply for one of the student council positions, students must submit:

- A minimum 1,000 word essay to include:
  - Full name, Chapter, Advisor, Grade, and GPA
  - Students should describe their involvement in their Psi Alpha chapter and one idea they would like to implement if selected to be involved with the Student Council
  - Students may write about a service project, a particular research idea, or any other creative contribution they feel could be an impactful addition supporting Psi Alpha's mission.
- At least one (1), with a maximum of two (2) recommendation letters, detailing why the student is well suited for the position

Application information should be compiled and sent as one package to Kristen Mitzel at [directorofoperations@psialpha.org](mailto:directorofoperations@psialpha.org)

**Due October 22, 2023 by 11:59 PST.**

# Award CONCEPTS

THE BEST



## Scan the QR code above for the Psi Alpha Store!

Award Concepts is the only place to get official Psi Alpha graduation regalia, supplies, clothing, and more! Select Psi Alpha from the drop down menu to get started.

Visit: <https://acgreek.com/greek/home.php>

### Get social with us!



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# PSI ALPHA

INTERNATIONAL  
HONOR SOCIETY FOR  
HIGH SCHOOL PSYCHOLOGY